

LUNCH MENU

**ALL THE SANDWICHES & WRAPS ARE SERVED
WITH A CHOICE OF CHIPS OR SALAD OR SOUP**

Soup of the Day - served with soda bread €8.00

SANDWICHES

Grilled Chicken Sandwich (1,3,5,7,8,11) €13.00
Grilled chicken, roasted peppers, rocket, pesto, ciabatta bread

Mediterranean Sandwich (V) (1,3,5,7,8,11) €13.00
Roasted portobello mushroom, zucchini, eggplant & bell pepper, feta cheese, rocket, pesto, ciabatta bread

Steak Sandwich (1,3,7,11,12) €17.95
Fillet steak, caramelized onions, roasted peppers, mozzarella, ciabatta loaf, hand cut chips, pepper sauce

Pulled Pork Wrap (1,3,7) €13.00
Pulled pork, Romaine lettuce, cheddar cheese, red onions, bbq sauce, tortilla wrap

Chicken Caesar Wrap (1,3,4,7,10) €13.00
Grilled chicken, Romaine lettuce, crispy bacon, tomato, Caesar dressing, shaved parmesan, tortilla wrap

Mexican Chicken Fajita Wrap (1,3,7) €13.00
Grilled chicken, lettuce, guacamole, sour cream, salsa & jalapeños

Tuna Wrap (1,3,4,7,12) €13.00
Tuna, lettuce, sweetcorn, red onion, mayo, cheddar cheese

BURGERS

Beef Burger (1,3,6,7,12) €16.95
Irish Angus beef burger, bacon, lettuce, tomato, red onion, cheddar cheese, burger sauce – served with hand-cut chips

Chicken Fillet Burger (1,3,7) €16.95
Grilled chicken, lettuce, tomato, red onion, burger sauce - served with hand-cut chips

SALADS

Chicken Caesar Salad (1,3,4,7,10) €13.95
Grilled chicken, Romaine lettuce, crispy bacon, croutons, Caesar dressing, shaved parmesan

Cajun Chicken Salad (7,10) €13.95
Cajun chicken strips, mixed leaves, roasted peppers, cherry tomatoes, cucumber, red onions, house dressing

Prosciutto Caprese Salad (5,7,8) €13.95
Sliced tomatoes, fresh mozzarella, basil leaves, prosciutto, extra virgin olive oil

Tuna Salad (4,12) €13.95
Tuna chunks, mixed leaves, black olives, sweetcorn, red onions, capers, lemon juice, extra virgin olive oil

Dishes on our menu may contain the following:

- | | | |
|--------------------|--------------|----------------------|
| (1) Cereals/Gluten | (6) Soybeans | (11) Sesame |
| (2) Crustaceans | (7) Milk | (12) Sulphur Dioxide |
| (3) Eggs | (8) Nuts | (13) Lupin |
| (4) Fish | (9) Celery | (14) Molluscs |
| (5) Peanuts | (10) Mustard | |

CHICKEN DISHES

Chicken Marsala (7,12) €16.95

Grilled chicken topped with Gruyere cheese, mash potatoes, creamy Marsala sauce

Chicken Alla King (1,7) €16.95

Grilled chicken, onions, mushrooms, garlic, creamy sauce – served with hand-cut chips

Chicken Chorizo (1,7) €16.95

Grilled chicken, spicy chorizo, roasted peppers, sun-dried tomato sauce – served with hand-cut chips

Chicken Parmigiana (1,3,7) €16.95

Breaded chicken breast topped with melted mozzarella cheese & napolitana sauce - served with spaghetti pomodoro

Chicken Fiorentina (1,7) €16.95

Grilled chicken, spinach, melted cheese, creamy sauce – served with hand-cut chips

Chicken Cacciatore (1,7) €16.95

Grilled chicken, mixed peppers, onion, mushroom, tomato sauce – served with hand-cut chips

Chicken Curry (1,12) €16.95

Diced chicken fillet, chunky vegetables in homemade curry sauce - served with rice & hand-cut chips

BEEF & FISH

Manzo Picante (3,7,) €17.95

Marinated fillet of beef strips, onions, olives, garlic, red wine sauce – served with hand-cut chips

Fish & Chips (1,3,4,7,10,12) €16.95

Deep fried golden battered fillet of cod– served with hand-cut chips & homemade tartar sauce

PASTA

Steak Strips Tagliatelle (1,3) €17.95

Fillet of beef strips, broccoli, mixed peppers, aglio e olio sauce

Penne Chicken Carbonara (1,3,7) €15.95

Diced chicken, bacon, egg yolk, creamy sauce

Penne Primavera (V) (1,3,7,9,12) €15.95

Roasted vegetables, garlic, shaved parmesan, rosé sauce

Spaghetti Frutti di Mare (1,2,3,4,7,9,12,14) €17.95

Mixed seafood, garlic, olive oil in white wine tomato sauce or light creamy sauce

Tagliatelle Mamma Mia (1,3,7) €15.95

Diced chicken, mushrooms, white creamy sauce

Fettucine Giardino (V) (1,3,7) €15.95

Courgette julienne , peas, wilted spinach, white creamy sauce

Spaghetti Soprano (1,3,7) €15.95

Traditional Italian style homemade meatballs in a rich tomato sauce

Penne Pollo Picante (1,3,7,9,12) €15.95

Diced chicken in spicy arrabiata sauce

Tagliatelle Monte Verde (1,3,5,7,8) €15.95

Chicken, toasted pine nuts, parmesan, pesto creamy sauce

Fettucine con Salmone (1,2,3,4,7) €17.95

Smoked salmon, tiger prawns, creamy dill sauce

Penne Romana (1,3,7) €15.95

Chicken, mushrooms, garlic, rosé sauce