

LUNCH MENU

**ALL THE SANDWICHES & WRAPS ARE SERVED
WITH A CHOICE OF CHIPS OR SALAD OR SOUP**

Soup of the Day - served with soda bread €6.50

SANDWICHES

Grilled Chicken Sandwich (1,3,5,7,8,11) €10.00

Grilled chicken, roasted peppers, rocket, pesto, ciabatta bread

Mediterranean Sandwich (V) (1,3,5,7,8,11) €10.00

Roasted portobello mushroom, zucchini, eggplant & bell pepper, feta cheese, rocket, pesto, ciabatta bread

Steak Sandwich (1,3,7,11,12) €14.95

Fillet steak, caramelized onions, roasted peppers, mozzarella, ciabatta loaf, hand cut chips, pepper sauce

Pulled Pork Wrap (1,3,7) €10.00

Pulled pork, Romaine lettuce, cheddar cheese, red onions, bbq sauce, tortilla wrap

Chicken Caesar Wrap (1,3,4,7,10) €10.00

Grilled chicken, Romaine lettuce, crispy bacon, tomato, Caesar dressing, shaved parmesan, tortilla wrap

Mexican Chicken Fajita Wrap (1,3,7) €10.00

Grilled chicken, lettuce, guacamole, sour cream, salsa & jalapeños

Tuna Wrap (1,3,4,7,12) €10.00

Tuna, lettuce, sweetcorn, red onion, mayo, cheddar cheese

SALADS

Chicken Caesar Salad (1,3,4,7,10) €10.95

Grilled chicken, Romaine lettuce, crispy bacon, croutons, Caesar dressing, shaved parmesan

Cajun Chicken Salad (7,10) €10.95

Cajun chicken strips, mixed leaves, roasted peppers, cherry tomatoes, cucumber, red onions, house dressing

Prosciutto Caprese Salad (5,7,8) €10.95

Sliced tomatoes, fresh mozzarella, basil leaves, prosciutto, extra virgin olive oil

Tuna Salad (4,12) €10.95

Tuna chunks, mixed leaves, black olives, sweetcorn, red onions, capers, lemon juice, extra virgin olive oil

Dishes on our menu may contain the following:

- (1) Cereals/Gluten
- (2) Crustaceans
- (3) Eggs
- (4) Fish
- (5) Peanuts

- (6) Soybeans
- (7) Milk
- (8) Nuts
- (9) Celery
- (10) Mustard

- (11) Sesame
- (12) Sulphur Dioxide
- (13) Lupin
- (14) Molluscs

HOT DISHES

Chicken Marsala (7,12) €13.95

Grilled chicken topped with Gruyere cheese, mash potatoes, creamy Marsala sauce

Chicken Alla King (1,7) €13.95

Grilled chicken, onions, mushrooms, garlic, white wine creamy sauce – served with hand-cut chips

Chicken Chorizo (1,7) €13.95

Grilled chicken, spicy chorizo, roasted peppers, sun-dried tomato sauce – served with hand-cut chips

Chicken Parmigiana (1,3,7) €13.95

Breaded chicken breast topped with melted mozzarella cheese & napolitana sauce - served with spaghetti pomodoro

Chicken Curry (1,12) €13.95

Diced chicken fillet, chunky vegetables in homemade curry sauce - served with rice & hand-cut chips

Beef Burger (1,3,6,7,12) €13.95

Irish Angus beef burger, bacon, lettuce, tomato, red onion, cheddar cheese, burger sauce – served with hand-cut chips

Chicken Fillet Burger (1,3,7) €13.95

Grilled chicken, lettuce, tomato, red onion, burger sauce - served with hand-cut chips

Manzo Picante (3,7,) €14.95

Marinated fillet of beef strips, onions, olives, garlic, red wine sauce – served with hand-cut chips

Fish & Chips (1,3,4,7,10,12) €13.95

Deep fried golden battered fillet of cod -served with hand-cut chips & homemade tartar sauce

PASTA

Penne Chicken Carbonara (1,3,7) €12.95

Diced chicken, bacon, egg yolk, creamy sauce

Penne Primavera (V) (1,3,7,9,12) €12.95

Roasted vegetables, garlic, rosé wine sauce, shaved parmesan

Spaghetti Frutti di Mare (1,2,3,4,7,9,12,14) €14.95

Mixed seafood, garlic, olive oil in white wine tomato sauce or light creamy sauce

Tagliatelle Mamma Mia (1,3,7) €12.95

Diced chicken, mushrooms, white wine creamy sauce

Fettucine Giardino (V) (1,3,7) €12.95

Courgette julienne , peas, wilted spinach, creamy white wine sauce

Spaghetti Soprano (1,3,7) €12.95

Traditional italian style homemade meatballs in a rich tomato sauce

Penne Pollo Picante (1,3,7,9,12) €12.95

Diced chicken in spicy arrabiata sauce

Tagliatelle Monte Verde (1,3,5,7,8) €12.95

Chicken, toasted pine nuts, parmesan, pesto creamy white wine sauce

Fettucine con Salmone (1,2,3,4,7) €14.95

Smoked salmon, tiger prawns, creamy dill white wine sauce

Penne Romana (1,3,7) €12.95

Chicken, mushrooms, garlic, pink sauce (tomato sauce & touch of cream)