

## *LUNCH MENU*

**ALL THE SANDWICHES & WRAPS ARE SERVED  
WITH A CHOICE OF CHIPS OR SALAD OR SOUP**

**Soup of the Day** - served with soda bread €8.50

### **SANDWICHES**

**Grilled Chicken Sandwich (1,3,5,7,8,11) €14.00**  
Grilled chicken, roasted peppers, rocket, pesto, ciabatta bread

**Mediterranean Sandwich (V) (1,3,5,7,8,11) €14.00**  
Roasted portobello mushroom, zucchini, eggplant & bell pepper, feta cheese, rocket, pesto, ciabatta bread

**Steak Sandwich (1,3,7,11,12) €18.95**  
Fillet steak, caramelized onions, roasted peppers, mozzarella, ciabatta loaf, hand cut chips, pepper sauce

**Pulled Pork Wrap (1,3,7) €14.00**  
Pulled pork, Romaine lettuce, cheddar cheese, red onions, bbq sauce, tortilla wrap

**Chicken Caesar Wrap (1,3,4,7,10) €14.00**  
Grilled chicken, Romaine lettuce, crispy bacon, tomato, Caesar dressing, shaved parmesan, tortilla wrap

**Mexican Chicken Fajita Wrap (1,3,7) €14.00**  
Grilled chicken, lettuce, guacamole, sour cream, salsa & jalapeños

**Tuna Wrap (1,3,4,7,12) €14.00**  
Tuna, lettuce, sweetcorn, red onion, mayo, cheddar cheese

### **BURGERS**

**Beef Burger (1,3,6,7,12) €17.95**  
Irish Angus beef burger, bacon, lettuce, tomato, red onion, cheddar cheese, burger sauce – served with hand-cut chips

**Chicken Fillet Burger (1,3,7) €17.95**  
Grilled chicken, lettuce, tomato, red onion, burger sauce - served with hand-cut chips

### **SALADS**

**Chicken Caesar Salad (1,3,4,7,10) €14.95**  
Grilled chicken, Romaine lettuce, crispy bacon, croutons, Caesar dressing, shaved parmesan

**Cajun Chicken Salad (7,10) €14.95**  
Cajun chicken strips, mixed leaves, roasted peppers, cherry tomatoes, cucumber, red onions, house dressing

**Prosciutto Capresse Salad (5,7,8) €14.95**  
Sliced tomatoes, fresh mozzarella, basil leaves, prosciutto, extra virgin olive oil

**Tuna Salad (4,12) €14.95**  
Tuna chunks, mixed leaves, black olives, sweetcorn, red onions, capers, lemon juice, extra virgin olive oil

**Dishes on our menu may contain the following:**

- |                    |              |                      |
|--------------------|--------------|----------------------|
| (1) Cereals/Gluten | (6) Soybeans | (11) Sesame          |
| (2) Crustaceans    | (7) Milk     | (12) Sulphur Dioxide |
| (3) Eggs           | (8) Nuts     | (13) Lupin           |
| (4) Fish           | (9) Celery   | (14) Molluscs        |
| (5) Peanuts        | (10) Mustard |                      |

## CHICKEN DISHES

**Chicken Marsala (7,12) €17.95**

Grilled chicken topped with Gruyere cheese, mash potatoes, creamy Marsala sauce

**Chicken Alla King (1,7) €17.95**

Grilled chicken, onions, mushrooms, garlic, creamy sauce – served with hand-cut chips

**Chicken Chorizo (1,7) €17.95**

Grilled chicken, spicy chorizo, roasted peppers, sun-dried tomato sauce – served with hand-cut chips

**Chicken Parmigiana (1,3,7) €17.95**

Breaded chicken breast topped with melted mozzarella cheese & napolitana sauce - served with spaghetti pomodoro

**Chicken Fiorentina (1,7) €17.95**

Grilled chicken, spinach, melted cheese, creamy sauce – served with hand-cut chips

**Chicken Cacciatore (1,7) €17.95**

Grilled chicken, mixed peppers, onion, mushroom, tomato sauce – served with hand-cut chips

**Chicken Curry (1,12) €17.95**

Diced chicken fillet, chunky vegetables in homemade curry sauce - served with rice & hand-cut chips

## BEEF & FISH

**Manzo Picante (3,7) €18.95**

Marinated fillet of beef strips, onions, olives, garlic, red wine sauce – served with hand-cut chips

**Fish & Chips (1,3,4,7,10,12) €17.95**

Deep fried golden battered fillet of cod– served with hand-cut chips & homemade tartar sauce

## PASTA

**Steak Strips Tagliatelle (1,3) €18.95**

Fillet of beef strips, broccoli, mixed peppers, aglio e olio sauce

**Penne Chicken Carbonara (1,3,7) €16.95**

Diced chicken, bacon, egg yolk, creamy sauce

**Penne Primavera ( V ) (1,3,7,9,12) €16.95**

Roasted vegetables, garlic, shaved parmesan, rosé sauce

**Spaghetti Frutti di Mare (1,2,3,4,7,9,12,14) €18.95**

Mixed seafood, garlic, olive oil in white wine tomato sauce or light creamy sauce

**Tagliatelle Mamma Mia (1,3,7) €16.95**

Diced chicken, mushrooms, white creamy sauce

**Fettucine Giardino (V) (1,3,7) €16.95**

Courgette julienne , peas, wilted spinach, white creamy sauce

**Spaghetti Soprano (1,3,7) €16.95**

Traditional Italian style homemade meatballs in a rich tomato sauce

**Penne Pollo Picante (1,3,7,9,12) €16.95**

Diced chicken in spicy arrabiata sauce

**Tagliatelle Monte Verde (1,3,5,7,8) €16.95**

Chicken, toasted pine nuts, parmesan, pesto creamy sauce

**Fettucine con Salmone (1,2,3,4,7) €18.95**

Smoked salmon, tiger prawns, creamy dill sauce

**Penne Romana (1,3,7) €16.95**

Chicken, mushrooms, garlic, rosé sauce