

## *LUNCH MENU*

**ALL THE SANDWICHES & WRAPS ARE SERVED  
WITH A CHOICE OF CHIPS OR SALAD OR SOUP**

**Soup of the Day - served with soda bread €6.50**

### **SANDWICHES**

**Grilled Chicken Sandwich (1,3,5,7,8,11) €9.00**

Grilled chicken, roasted peppers, rocket, pesto, ciabatta bread

**Mediterranean Sandwich (V) (1,3,5,7,8,11) €9.00**

Roasted portobello mushroom, zucchini, eggplant & bell pepper, feta cheese, rocket, pesto, ciabatta bread

**Steak Sandwich (1,3,7,11,12) €12.95**

Fillet steak, caramelized onions, roasted peppers, mozzarella, ciabatta loaf, hand cut chips, pepper sauce

**Pulled Pork Wrap (1,3,7) €9.00**

Pulled pork, Romaine lettuce, cheddar cheese, red onions, bbq sauce, tortilla wrap

**Chicken Caesar Wrap (1,3,4,7,10) €9.00**

Grilled chicken, Romaine lettuce, crispy bacon, tomato, Caesar dressing, shaved parmesan, tortilla wrap

**Mexican Chicken Fajita Wrap (1,3,7) €9.00**

Grilled chicken, lettuce, guacamole, sour cream, salsa & jalapeños

**Tuna Wrap (1,3,4,7,12) €9.00**

Tuna, lettuce, sweetcorn, red onion, mayo, cheddar cheese

### **SALADS**

**Chicken Caesar Salad (1,3,4,7,10) €10.95**

Grilled chicken, Romaine lettuce, crispy bacon, croutons, Caesar dressing, shaved parmesan

**Cajun Chicken Salad (7,10) €10.95**

Cajun chicken strips, mixed leaves, roasted peppers, cherry tomatoes, cucumber, red onions, house dressing

**Prosciutto Caprese Salad (5,7,8) €10.95**

Sliced tomatoes, fresh mozzarella, basil leaves, prosciutto, extra virgin olive oil

**Tuna Salad (4,12) €10.95**

Tuna chunks, mixed leaves, black olives, sweetcorn, red onions, capers, lemon juice, extra virgin olive oil

**Dishes on our menu may contain the following:**

(1) Cereals/Gluten

(2) Crustaceans

(3) Eggs

(4) Fish

(5) Peanuts

(6) Soybeans

(7) Milk

(8) Nuts

(9) Celery

(10) Mustard

(11) Sesame

(12) Sulphur Dioxide

(13) Lupin

(14) Molluscs

## HOT DISHES

**Chicken Marsala (7,12) €12.95**

Grilled chicken topped with Gruyere cheese, mash potatoes, creamy Marsala sauce

**Chicken Alla King (1,7) €12.95**

Grilled chicken, onions, mushrooms, garlic, white wine creamy sauce – served with hand-cut chips

**Chicken Chorizo (1,7) €12.95**

Grilled chicken, spicy chorizo, roasted peppers, sun-dried tomato sauce – served with hand-cut chips

**Chicken Parmigiana (1,3,7) €12.95**

Breaded chicken breast topped with melted mozzarella cheese & napolitana sauce - served with spaghetti pomodoro

**Chicken Curry (1,12) €12.95**

Diced chicken fillet, chunky vegetables in homemade curry sauce - served with rice & hand-cut chips

**Beef Burger (1,3,6,7,12) €12.95**

Irish Angus beef burger, bacon, lettuce, tomato, red onion, cheddar cheese, burger sauce – served with hand-cut chips

**Chicken Fillet Burger (1,3,7) €12.95**

Grilled chicken, lettuce, tomato, red onion, burger sauce - served with hand-cut chips

**Manzo Picante (3,7,) €13.95**

Marinated fillet of beef strips, onions, olives, garlic, red wine sauce – served with hand-cut chips

**Fish & Chips (1,3,4,7,10,12) €11.95**

Deep fried golden battered fillet of cod -served with hand-cut chips & homemade tartar sauce

## PASTA

**Penne Chicken Carbonara (1,3,7) €11.95**

Diced chicken, bacon, egg yolk, black pepper, white wine creamy sauce

**Penne Primavera ( V ) (1,3,7,9,12) €11.95**

Roasted vegetables, garlic, rosé wine sauce, shaved parmesan

**Spaghetti Frutti di Mare (1,2,3,4,7,9,12,14) €13.95**

Mixed seafood, garlic, olive oil in white wine tomato sauce or light creamy sauce

**Tagliatelle Mamma Mia (1,3,7) €11.95**

Diced chicken, mushrooms, white wine creamy sauce

**Fettucine Giardino (V) (1,3,7) €11.95**

Courgette julienne , peas, wilted spinach, creamy white wine sauce

**Spaghetti Soprano (1,3,7) €11.95**

Traditional italian style homemade meatballs in a rich tomato sauce

**Penne Pollo Picante (1,3,7,9,12) €11.95**

Diced chicken in spicy arrabiata sauce

**Tagliatelle Monte Verde (1,3,5,7,8) €11.95**

Chicken, toasted pine nuts, parmesan, pesto creamy white wine sauce

**Fettucine con Salmone (1,2,3,4,7) €13.95**

Smoked salmon, tiger prawns, creamy dill white wine sauce

**Penne Romana (1,3,7) €11.95**

Chicken, mushrooms, garlic, pink sauce (tomato sauce & touch of cream)